



**5K Run & 1 Mile Fun Run**

**\*USATF Certified\***

Saturday, October 24, 2009

8:00 A.M. (EST)

Fun Run 9:00 AM (EST)

Constitution Convention Park

Port St. Joe, FL

T-shirts to first 100 registered

**Awards:**

\$25 to Master M/F

\$25 to Top Dog

Fee: \$15 in advance/\$20 day of race (nonrefundable), Fun Run Fee: \$12.00 advance/\$15 raceday

Register by mail or @ Active.com [http://www.active.com/event\\_detail.cfm?event\\_id=1793063](http://www.active.com/event_detail.cfm?event_id=1793063)

Race Day Registration: Begins at 7:00 A.M. (EST) at the park

Dogs: Permitted, on short, fixed length leashes only

Runners get 10% off @ 10<sup>th</sup> St. Bed and Breakfast- 227-7955 or MainStay Suites-229-7829

Race Info: Call J. Mercuri, 227-6940 or: email:jmer@gcom.net

[www.sjbhumanesociety.org](http://www.sjbhumanesociety.org)

Map @ [www.usatf.org/routes](http://www.usatf.org/routes)

Name \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ E-mail: \_\_\_\_\_

T-shirt size (circle) X-small      Small      Medium      Large      X-Large

Waiver: I assume all risks associated with participation in this event, included but not limited to: falls, contact with other participants or dogs, effects of weather, traffic and road conditions, such risks being known and appreciated by me. I have read and understand this waiver and release all representatives and successors from all claims or liabilities of any kind arising from my participation in the Paws in the Park 5K Run/Walk and Fun Run.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(parent or guardian if under 18 yrs.)

Make checks payable to **St. Joseph Bay Humane Society**, and mail to:  
**Paws in the Park 5K, P.O. Box 861, Port St. Joe, FL 32457**